

A woman with long blonde hair tied back, wearing a white bathrobe, is sitting on a light blue spa bed. She is looking off to the side with a calm expression. The background features a patterned wall with a repeating geometric design. The text 'ANTI-AGING' is overlaid in the upper right corner.

ANTI-AGING

# LONGEVITY 1 DAY

## AGEING WELL PROGRAMME

At Longevity, we see growing old as a privilege and it's one we like to celebrate whenever we can. We have curated a special experience to help guests age well, with age-appropriate treatments. We're excited to introduce our wellness retreat designed to revitalise your skin from the inside out. Our approach to ageing well combines high-tech therapy with hands-on, natural treatments, Ozone Therapy and more. To take care of your skin, stimulate collagen and elastin with our technologies and treatments along with a rich diet and antioxidants. The goal is to oxygenate your cells and improve their quality.

This Programme includes:

- Ozone Therapy Session
- Chiropractic Adjustment
- Cryotherapy® - 110°C
- A Light Lunch and Refreshments
- Anti-Ageing Facial with Accent Prime
- LaseMD Hair Restoration
- The Body Skin Tightening with Accent Prime
- Far Infrared Dome®

Access to all areas of the Wellness Centre including the Private Pool area, Herbal steam sauna, jacuzzi, and The Fitness Center.



Day Visit

AED 4320





## Additional

Add to your daily routine a Colon-Hydrotherapy or Fountain of Youth IV Drip.

### Colon-Hydrotherapy

Colon Hydrotherapy is an effective treatment widely used in anti-aging care to help get rid of toxins residing in the large intestine. This treatment facilitates detoxification, re-establishes the gut's normal balance in turn improves immune system function and skin health as well as reducing the risk of colon cancer.

🕒 60 minutes

AED 560

### Fountain Of Youth IV Drip

This Celebrity Beauty Secret Rejuvenation IV drip helps give you that fresh-faced look and glow, reduces fine lines and wrinkles, eliminates skin blemishes, provides protection from UV damage, assists in collagen production to reinforce elasticity and removes toxins. Allowing your skin the ability to regenerate, rejuvenate and recover. Enhance your youthful appearance and feel young again with our REJUVENATE Fusion. Our Anti-Aging & Beauty IV Treatment is a specially curated combination of powerful age-defying antioxidants, Vitamin C, B-vitamins, Biotin, essential nutrients, and rehydrating fluids to keep your skin and body healthy and young. Turn back the clock with this powerful anti-aging IV therapy loaded with natural antioxidants and nutrients to provide a boost of energy while detoxifying your body and boosting longevity.

🕒 45 minutes

AED 1300

### Chiropractic Adjustments

Chiropractic Adjustments influence the same blood chemistry known to prevent the progression of aging. One of the many unique and profound benefits that accompany an adjustment involves slowing the stress and aging process.

### Ozone Therapy

Hyperbaric Ozone therapy helps to strengthen your immune system and detoxify your body. Ozone is a safe and effective way to treat infections, reduce inflammation and modulate the immune system ensuring the cells in the body are functioning at their optimum level. Its antioxidant properties fight free radical harm whilst stimulating the skin on a cellular level to boost elastin and collagen production.

### LaseMD Hair Restoration

LaseMD hair restoration is a non-invasive procedure that reverses the effects of hair loss, making you feel more confident in your appearance. Hair loss can happen for numerous reasons, such as old age, pollution, abrasive hair products, hormonal changes, and hair disorders. Whatever the reason might be hair loss indicates that your hair follicles aren't receiving the nutrients they need for optimal growth and health. LaseMD hair restoration is a unique, innovative treatment that combines the benefits of laser energy and biomimetic nutrients that mimic the effects of nutrients essential for hair growth. The laser device creates micro-channels on the scalp's surface to improve its ability to absorb nutrients. After delivering laser energy, essential serums and growth factors are applied to the scalp, where they foster optimal hair growth and revitalization.

### Anti-Ageing Facial with Accent Prime

Over time the skin on the face starts to lose elasticity and firmness which leads to age related skin issues including fine lines, uneven skin tone and skin laxity. Accent Prime treatment can significantly improve these skin imperfections by using ultrasound technology to trigger the production collagen fibers thus providing the skin with elasticity and form. Accent primes advanced technology is a safe FDA-approved treatment that is effectively used for skin tightening treatment and restoration.

### The Body Skin Tightening with Emtone®

Emtone® uses a combination of RF Radio Frequency simultaneously along side Shockwave therapy to diminish the build up of stubborn hardened fat cells whilst smoothing and tightening the skin. This treatment focuses on three key elements: water retention, cellulite and localised fat deposits to reveal soft rejuvenated skin.

### Photobiomodulation

Photobiomodulation stimulates the synthesis of collagen, elastin and oxygen for the rejuvenation effect as well as firming the skin of the body to help stretch marks. Photobiomodulation can be combined with Cryotherapy. With cryotherapy the skin goes into a state of alarm due to extreme cold temperatures and activates collagen as a defence mechanism.

### Cryotherapy® Boosts Collagen Production

Within the first few sessions, you will notice that your skin looks healthier and more radiant. This therapy keeps your skin firm whilst reversing the signs of ageing such as fine lines and wrinkles.



## OPENING HOURS

The Longevity is open every day  
from 10: am to 10: pm to all hotel guests and visitors.



LONGEVITY

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